Playing audio overview:

<https://developer.android.com/guide/topics/media>

Media Player:  
<https://developer.android.com/guide/topics/media/mediaplayer>

Getting music files:  
<https://developer.android.com/guide/topics/providers/content-provider-basics>

Building an audio app  
<https://developer.android.com/guide/topics/media-apps/audio-app/building-an-audio-app>

<https://code.tutsplus.com/tutorials/background-audio-in-android-with-mediasessioncompat--cms-27030>